

# CLOSER TO HOME

By PAULINE BRAITHWAITE

## Delawana Inn Resort

**D**elawana Inn Resort, just a short trip north of Toronto is situated on historical Georgian Bay in Muskoka—a bay rich with legends and folk lore. Legend has it that a local Chief named Delawana suffered a great tragedy when a rock-fall killed his daughter Wah-Soo-na, and her two dogs. The Great Spirit gave the area its beautiful birch trees in her memory and the people named Big Dog and Little Dog Channels for her companion pets.

Although the resort has gone through changes to meet the needs of today's modern traveler, it has kept the traditions and rustic style that has been creating vacation memories for over 100 years.

The resort is a 25-acre full-service facility complete with Health Spa, Sports Facilities, Golf, Restaurants and much more.

A perfect place to relax and rejuvenate, Delawana's Wanakita Wellness Spa, has often been compared to a California spa vacation, especially during Ontario's spectacular summer months. The spa is named after a native princess and tiny island in Georgian Bay. Ancient Huron legends speculate that the crystal clear waters and the little island were the pre-

ferred location for private bathing, a swim, reflection, relaxation and spiritual awareness.

The resort has incorporated the natural landscape and soothing spa treatments into the development of the health spa. Facilities include 10 modern and intimate treatment rooms. The spa equipment includes Swedish sauna, large multi-jet whirlpool bath, outdoor swimming pool, full exercise equipment, relaxing lounges, regularly scheduled pre-breakfast health walks, yoga and exercises classes.



Visitors to Delawana have the opportunity to indulge in a spa treatment which provides the ultimate in relaxation. A combination of fresh air hiking, a beauty spa treatment, followed by a fitness work-out, and a glass of wine watching a sunset from the resort balcony or beach will leave you feeling refreshed and invigorated.

In addition to all of the facilities at the Inn, local amenities complete the puzzle of creating the perfect holiday retreat. Georgian Bay offers great fishing with one of the widest assortment of sport fishing in the world, as well as 17-acre Royal Island immediately across from the Delawana which offers several private beach areas and an expanded hiking trail system.

*For more information, visit: [www.delawana.com](http://www.delawana.com).*